BEARÚ

LUNCH MENU

LAST ORDERS 2:30PM

Soup of the Day (7,9) served with Bearú Brown Bread (1a, 7)	€6.50

SANDWICHES

Ham Hock, Melted Cheddar, Bearú Tomato Relish on Sourdough (1a, 7, 9, 10)	€12
Slow Roast Venison, Pickled Red Cabbage, Caraway & Pepper Mayo, Hegarty's Cheddar, Organic Leaves on Sourdough (1a, 3, 7, 12)	€12
Slow Roast Celariac, Brie, Pickled Pinks, Salsa Verde Mayo, Rocket, Hazelnut Crumb on Ciabatta (1a, 3, 7, 8a, 10, 12)	€11

BEARÚ FESTIVE FEAST

Buttermilk Brined Turkey, Honey Glazed Ham, Apricot, Sage & Pinenut Stuffing, Christmas Slaw, Cranberry Relish, Mayo on Sourdough served with Roast Turkey Gravy (1a ,3, 7, 8b, 9, 10, 12)	€14

All sandwiches served with mixed leaves dressed with honey & mustard dressing and toasted seeds. (10,12)

SALADS

Tenderstem Broccoli, Whipped St. Tola Goats Cheese, Walnuts, Lemon Olive Oil (7, 8c, 12)

Honey Roast Carrots, Tahini Yoghurt, Coriander, Sesame Seeds (7, 11)

Baby Potato, Capers, Dill, Radicchio, Mustard Ranch (3, 10, 12)

Salad Portion	€5
Mixed Salad Bowl (3 portions)	€12

LUNCH DEALS

Soup and Sandwich	€16
Soup and Veggie Sandwich	€15
Soup and Festive Feast	€18
Salad and Sandwich	€16
Salad and Veggie Sandwich	€15
Salad and Festive Feast	€18

KIDS

Kids Toasted Sandwich (1a, 7)	€6
Kids Soup	€4
Kids Soup & Sandwich (1a, 7)	€7

COFFEES / TEA

Espresso	€3.20
Double Espresso	€3.50
Americano	€3.50
Macchiato *	€3.70
Double Macchiato *	€4.00
Cortado *	€3.75
Flat White *	€3.80
Cappuccino *	€3.80
Latte *	€4.00
Mocha *	€4.50
Hot Chocolate *	€4.20
Chai Latte *	€4.40
Dirty Chai *	€4.70
Matcha Latte *	€4.90
Maple & Wexford Sea Salt Latte*	€4.50
Lyon's Tea / Barry's Tea	€2.90
Herbal Tea	€3.30
Iced Americano	€4.30
Iced Latte *	€4.80
Iced Mocha *	€5.30
Iced Chai *	€5.00
Iced Dirty Chai *	€5.50
Iced Matcha *	€5.50
Kids Hot Chocolate *	€3.80
Babycino *	€2.50
Syrup	+€0.50
Decaf	+€0.80
Extra Shot	+€0.80
Coconut/ Oat Milk (1b)	+€0.50

SOFT DRINKS

Still Water	€2.50
San Pellegrino Sparkling Water	€2.50
San Pellegrino – Flavoured Cans	€2.95
Coke/Coke Zero/Diet Coke	€2.80
7up/ 7up Zero	€2.80
Fruit Shoot	€1.50
Bundaberg Ginger Beer	€3.50
Organic Raspberry Kombucha	€3.50
Apple Juice / Orange Juice	€1.80
Cold Milk (7)	€1.50

PLEASE ASK TO SEE OUR WINE LIST

Allergens: (1) Cereals containing gluten from (1a) wheat (1b) oats (1c) barley (2) Crustaceans (3) Eggs, (4) Fish, (5) Peanuts, (6) Soybeans, (7) Milk, (8a) Hazelnuts (8b) Pinenuts (8c) Walnuts (9) Celery, (10) Mustard, (11) Sesame seeds, (12) Sulphur dioxide and sulphites, (13) Lupin, (14) Molluscs

All Beef, Pork and Poultry used within our menu Is sourced from Irish farmers and Is 100% Irish.